

Personal Takeover: The Path to Accountability

Overview

“More than ever before, we seem to be at the mercy of forces beyond our control. Downsizing, restructuring, e-business changes, and volatile economic climates—these factors foster the illusion that we don’t have much to say about our job choices, performance and career paths. People today feel they are professionally adrift—and many are.”

*Gary Gabel, Ed.D.
Personal Takeover*

In his book, *Personal Takeover*, Dr. Gary Gabel, helps his readers launch “personal takeovers”, and regain control (or gain even greater control) over their personal and professional lives. This workshop will accelerate that process for the benefit

of the participant and the organization.

Personal Takeover requires being fully and personally accountable for our own thoughts and actions. In this workshop, *Personal Takeover: The Path to Accountability*, participants will travel down this path. This journey does not imply that they have been avoiding accountability (though some may have), but that our own thinking can sidetrack us from this path.

Participants will face a series of “milestone” activities that will challenge their thinking and test their assumptions. By seriously approaching these activities and applying them to their own lives, the rewards can be tremendous—both in terms of career satisfaction and personal satisfaction.

While accountability is not the end-goal in itself, if we stay off the dead-end sidetracks and pass all the milestones, the path to accountability leads to the road to success.

Objectives

Upon completion of the workshop, participants will be able to:

1. Identify and analyze ways that people limit or disempower themselves.
2. Explain the takeover mindset.
3. Use tools for eliminating “negathoughts” in themselves and others.
4. Apply these concepts and tools to their own personal and professional lives.

Learning Methods and Materials

Personal Takeover: The Path to Accountability includes presentation, large and small group discussion, individual assessment, and application practice to reinforce the concepts and skills taught.

Program Delivery

Workshops are conducted by Infinite Learning facilitators with extensive training and consulting backgrounds who are also skilled in providing stimulating and participative learning experiences. A train-the-trainer option is available.

